



Student Assistance Program

*Student Assistance
Counselor
Mrs. Jackie Steckler*

**Mon– Thurs 7:30-3
Guidance Office
jsteckler@syrdiocese.org
607-723-5307**

Seton Catholic Central High School
70 Seminary Ave.
Binghamton, NY 13905
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All Appointments and
Phone Calls are
Confidential

What do I do?

- The Student Assistance Program is provided through Lourdes Hospital Youth Service division and is licensed by New York State OASAS.
- Counseling services are available to all students throughout the school year; counseling sessions are conducted during school hours at no cost to students or their families. Students may be referred by guidance counselors, faculty members, administrators, parents, coaches or by themselves. Services are available to any student for any issue.
- The SAP Counselor is also a resource for drug and alcohol information, stress management, coping skills, decision making, etc. Classroom presentations are offered on these topics to all faculty and staff members.

When am I available?

I am available Monday-Thursday 7:30-3.

Students can stop in during free periods, study halls, or lunch to set up an appointment or just to hang out and say hi. They are welcome to come alone or with a friend.

Why see me?

Students come in and talk to me for a variety of reasons. Some of them are BIG and some are small...I am here to listen. The program offers a confidential setting where students are encouraged to address the challenging issues in their own lives.

Where am I?

My office is in the guidance office right across from the gym entrance.

Accessing Community Resources

Referrals are offered to students and their families to address specific concerns that are better met outside of the program. I coordinate with these agencies to ensure continuity of services between the school and agencies and that the students needs are being met.

